Virginia College

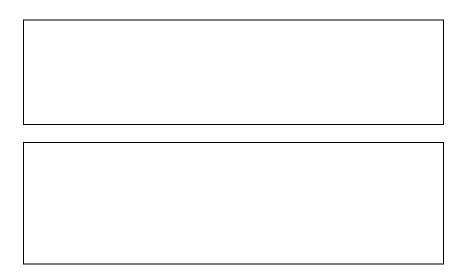
Last Name	2:		Letter Grade:	Number Grade:
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Course:		Section:	Total Hours to	Instructor Comment:
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Due Date:			Homework:	GDP Completed:
				GDP Grade:

# Enrichment: Lesson 16 & 17

Directions: After completing the enrichment in GDP,	type the following sections two	times each. (1 time in each box
EXACTLY as it appears.)		

### Enrichment 16A: NEW-KEY REVIEW

Ali & Wu; Ash & Li; Cho & Ng; Day & Ivy; Gil & Ray; Ho & Yu \$234.56 and \$78.54 and \$463.38 and \$23,896.25 and \$4,993.39 20 and 30 and 40 and 50 and 60 and 70 and 80 and 90 and 200 Ott & Orr owed \$5,000 to me; they owed \$7,000 to Jay & Poe.



## Enrichment 16B: SUSTAINED PRACTICE: SYLLABIC INTENSITY

*Syllabic intensity* refers to the average number of syllables per word in a passage. The higher the syllabic intensity, the more difficult the passage is to type.

One should always attempt to maintain good health. As the first step in keeping good health, one should avoid the habit of smoking. Volumes have been written on this topic.

A second habit that will help maintain your health for decades is consuming an appropriate amount of water, day in and day out. Most doctors recommend eight glasses a day.

Making exercise a habit is another important trait for staying in good health. Most experts agree that spending a few minutes a day in regular, vigorous exercise is helpful.

A final habit of importance is maintaining appropriate body weight. The key to maintaining weight is developing a positive eating pattern. Calculating calories is helpful.

### Enrichment 16C: PARAGRAPH TYPING

Jack typed a requisition for white moving boxes of various sizes--some long and some short. He will need them when we move into our new headquarters sometime next month.

My grandfather picked up a quartz and onyx necklace for my grandmother at the bazaar. He knew that she loved jewelry, and he was eager to give it to her on Christmas.

Jeff had his size, which helped him quickly win over Gene in the boxing match. He won based on both his size and his abilities as a boxer. My school was quite proud of him.



### Enrichment 17A: NEW-KEY REINFORCEMENT

Adam moved from 1101 Oak Lane to 2110 11th Street on May 1. Who knows? Does Karina? Cloris? Gamal? How about Salvatore? Order 328 @ \$4.50 and 390 @ \$16.75 from renees@comcast.net. Whose address is luan111@msn.com? Whose is wells101@cc.com?

#### **PRETEST » PRACTICE » POSTTEST**

## Enrichment 17C: PRETEST: Close Reaches

Casey hoped that we were not wasting good grub. After the sun went down, he swiftly put the oleo and plums in the cart. Bart opened a copy of an old book; Grant had a swim.

## Enrichment 17D: PRACTICE: Adjacent Keys

op hope flop open mops rope opera droop scope copier trophy we west owed went weld weep weigh weary wedge wealth plowed rt hurt port cart dirt fort court party start hearty parted

### Enrichment 17E: PRACTICE: Consecutive Fingers

un tune spun unit dune punt under prune sunny hunter uneasy gr grow grim grab grub grew great graze gripe greasy grassy ol role oleo pool sold hole troll folly polka stolen oldest

## Enrichment 17F: POSTTEST: Close Reaches

Repeat the Pretest timed writing and compare performance. (In GDP). Record your results.

First test results:	wpm	
Second test results:	wpm	